

Club Connect Lydney

Come along to our relaxed and friendly group, supporting people experiencing long-term/ chronic pain conditions – including fibromyalgia and chronic fatigue (ME).

RIVER CHILDREN AND FAMILY CENTRE

Naas Lane, Lydney, GL15 5AU

1ST AND 3RD MONDAY OF EVERY MONTH

Starting 19th February 2024 - 11:00 a.m. to 12:30 p.m.

A chance to connect with others and find out about local services, support, information and activities.

Family members/carers and children welcome along too.



For more information contact the Community Wellbeing Service on 01594 812447 or email community.wellbeing@fdean.gov.uk