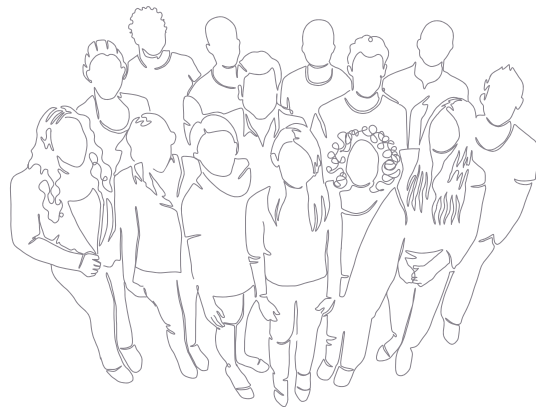


# Parents' Relationships Matter Gloucestershire Conference 2024



The Parents' Relationships Matter Gloucestershire Conference is back! We are thrilled to announce the return of our much-anticipated and **free to attend** conference. This year's event promises to be another empowering and informative journey for professionals passionate about supporting parental relationships and nurturing healthier family dynamics.

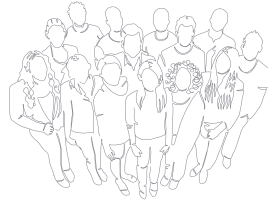
- **Expert-led sessions:** Engage with leading professionals who bring a wealth of knowledge and practical insights.
- **Collaborative learning:** Connect with your peers, share experiences, and expand your network.
- **Innovative strategies:** Discover new approaches and tools to support parents in relationship distress and fostering harmony.

**But that's not all!** In addition to our professional-focused sessions, we're excited to introduce a second series of sessions specifically designed for parents. These sessions are integral to our mission of extending support and resources directly to families, helping them build stronger, more harmonious relationships.

As professionals committed to family wellbeing, your role extends beyond participation. We rely on you to be the bridge that connects parents to these valuable resources. Encourage attendance, facilitate sign-ups, and share the transformative potential of these sessions. Together, we can make a significant impact on family lives in our community.

**Ready to make a difference?** Simply click on the session titles you're interested in and 'join the guestlist' on our online ticketing platform, Ticket Tailor.





# Sessions for Professionals

Monday 26<sup>th</sup> February 2024 / 9.00am (3-hours) / In-person at Kingsholm Stadium

**Why Parents Relationships Matter and what you can do to support positive change for families**

Presented by Honor Rhodes from Tavistock Relationships

*Speakers are on from 9.30am to 11.30am with 30-mins either side to explore our provider market stalls*

Tuesday 27<sup>th</sup> February 2024 / 10.00am (90-mins) / Online via Zoom

**An introduction to OnePlusOne resources for new and expectant parents**

Presented by Dr Shannon Hirst and Charmari Downing from OnePlusOne

Wednesday 28<sup>th</sup> February 2024 / 10.00am (90-mins) / Online via Zoom

**How to engage dads in parental conflict work**

Presented by Nick Darrock-Fuller from Dad Matters Gloucestershire

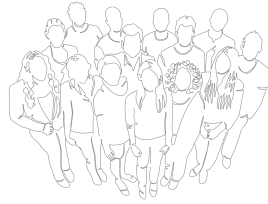
Thursday 29<sup>th</sup> February 2024 / 10.00am (90-mins) / Online via Zoom

**Young people's relationships - everything you wish you knew and how to start a conversation about it**

Presented by Lisa Davenport from Gloucestershire County Council, Faye Viletstra from STREET

*With input from our Ambassadors for Vulnerable Children / Young People*





# Sessions for Parents

Monday 26<sup>th</sup> February 2024 / 12.30pm (2.5-hours) / In-person at Kingsholm Stadium

**Why our children want us to be happy, why it matters and what we can do to get there**

Presented by Honor Rhodes from Tavistock Relationships

*Speakers are on from 1.00pm to 1.30pm with 30-mins either side to explore our provider market stalls*

Tuesday 27<sup>th</sup> February 2024 / 1.00pm (1-hour) / Online via Zoom

**'Me, You and Baby Too' - how to strengthen your relationship as you enter parenthood**

Presented by Charmari Downing from OnePlusOne

Wednesday 28<sup>th</sup> February 2024 / 1.00pm (90-mins) / Online via Zoom

**We all count - The importance of dads in building resilient families**

Presented by Nick Darrock-Fuller from Dad Matters Gloucestershire

Thursday 29<sup>th</sup> February 2024 / 1.00pm (90-mins) / Online via Zoom

**What are they saying? How to have conversations about relationships with your children**

Presented by Lisa Davenport from Gloucestershire County Council, Faye Viletstra from STREET

*With input from our Ambassadors for Vulnerable Children / Young People*

